

<b>Training Menu (20A)</b>	<b>Training Menu (20B)</b>	<b>Training Menu (20C)</b>	<b>Training Menu (20D)</b>
<b>RM 20.00 per Head</b>	<b>RM 20.00 per Head</b>	<b>RM 20.00 per Head</b>	<b>RM 20.00 per Head</b>
<u>Morning Tea</u> Tuna Sandwiches Coffee & Tea	<u>Morning Tea</u> Egg Sandwiches Coffee & Tea	<u>Morning Tea</u> Turkey Sandwiches Coffee & Tea	<u>Morning Tea</u> Mix Sandwiches Coffee & Tea
<u>Lunch Menu</u> Rendang Chicken Sweet & Sour Fish Sotong Ball Seafood Taufoo Mixed Vegetables Nyonya Fried Rice Mixed Fruit Orange Cordial	<u>Lunch Menu</u> Curry Chicken Assam Fish Crabmeat Ball Curry Samosa Green Vegetables w. Oyster Sauce. Spring Onion Fried Rice Mango Cordial	<u>Lunch Menu</u> Kurma Chicken Thai Ala Fish Sotong Ball Crabmeat Ball Mixed Vegetables w. Broccoli. Fried Mee Hoon. Lychee Cordial	<u>Lunch Menu</u> Lemon Chicken Thai Curry Fish Vegetable Samosa Sotong Ball Mixed Vegetables w. Broccoli. Fried Mee Siam Tropical Fruit Cordial
<u>Afternoon Tea Break</u> Assorted Biscuits Coffee & Tea	<u>Afternoon Tea Break</u> Assorted Biscuits Coffee & Tea	<u>Afternoon Tea Break</u> Assorted Biscuits Coffee & Tea	<u>Afternoon Tea Break</u> Assorted Biscuits Coffee & Tea